

**Event Report: World Parkinson's Disease Day at CUTM Paralakhemundi**

**Date: 11.04.2024**

**Venue: Bhuskudi Village & School of Nursing, CUTM Campus, Paralakhemundi**



**CENTURION UNIVERSITY OF TECHNOLOGY AND MANAGEMENT  
SCHOOL OF NURSING  
PARALAKHEMUNDI**



**WORLD  
PARKINSON'S  
DISEASE  
DAY**

**Date – 11<sup>th</sup> April 2025**

**Time – 3:30 PM Onwards**

**Venue – School of Nursing**

**Banner for the event: World Parkinson's Disease Day at CUTM Paralakhemundi**

**Event Details:**

On the 11th of April 2025, the School of Nursing of Centurion University of Technology and Management (CUTM), Paralakhemundi, commemorated **World Parkinson's Disease Day**. The event was aimed at increasing public awareness about Parkinson's disease, recognizing early warning signs, discussing the challenges faced by those affected, and emphasizing the importance of supportive care.

As part of the celebration, a **Health Camp and Health Education Session** was organized in **Bhuskudi village**, Paralakhemundi, as a community outreach initiative. The School of Nursing students played a vital role in planning and executing the day's events.

**Key Highlights of the Community Health Camp:**

The camp featured a series of basic health screenings conducted by nursing students at highly affordable rates:

- **Height & Weight Measurement**
- **Blood Pressure (BP) Monitoring**
- **Blood Sugar Testing**
- **SpO<sub>2</sub> (Peripheral Oxygen Saturation) Checking**

These services aimed to engage the local community and promote routine health monitoring, especially in rural settings.

#### **Awareness & Education Sessions:**

- **K. Lahari**, a 3rd semester Nursing student and student coordinator, took the initiative to **educate villagers** about Parkinson's disease. Her session focused on dispelling myths, reducing stigma, and highlighting the importance of early diagnosis and care.
- A **seminar and video presentation** on Parkinson's disease was conducted at the School of Nursing by **A. Harika**, a 2nd semester student. The session provided detailed insights into the neurological condition, causes, symptoms, and available treatment options, encouraging future nursing professionals to take proactive roles in awareness and care.
- **Prof. S.N. Sandhya**, Vice Principal, School of Nursing, shared her thoughts on how raising awareness about Parkinson's can empower communities and improve the quality of life for both patients and caregivers.

#### **Coordinators:**

- **Student Coordinators:**
  - K. Lahari (3rd Semester)
  - A. Harika (2nd Semester)
- **Faculty Coordinators:**
  - Ms. T. Sunita, Nursing Tutor
  - Ms. Subhashri Panigrahi, Nursing Tutor
- **NSS Coordinator:**
  - Ms. Swati Kiran, Teaching Assistant, School of Nursing
- **Program Coordinator:**
  - Prof. S.N. Sandhya, Vice Principal, School of Nursing



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Empowering Communities...*

### **Acknowledgement:**

We express our sincere gratitude to **Prof. S.N. Sandhya** for her invaluable presence and encouraging words during the event. Special thanks to **Ms. T. Sunita** and **Ms. Subhashri Panigrahi** for their excellent coordination and guidance throughout the program. We also extend heartfelt appreciation to **K. Lahari** and **A. Harika** for their enthusiastic participation and commitment, which made this observance of World Parkinson's Day truly impactful.

The School of Nursing, CUTM, remains committed to organizing such outreach programs that combine education, awareness, and healthcare delivery to rural and underserved populations.



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## Photographs of the Event





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### Participation List

Date: 11.4.2028

SNo	Name	Age	Gender	Signature	Blood pressure	Place	SpO <sub>2</sub>	Heart rate	Blood glucose
1	P. Narasamma (N-44) (H-131)	58yr	F	X	164/97 mmHg	Burkudi	96%	102 B/M	414 mg/dL
2	Hanma (N-58) (H-144)	60yr	F	X	159/98 mmHg	Burkudi	99%	81 B/M	138 mg/dL
3	parvati (N-59) (H-143)	60yr	F	X	215/131 mmHg	Burkudi	97%	105 B/M	529 mg/dL
4	Jagadeka (N-57) (H-145)	65yr	F	X	135/63 mmHg	Burkudi	98%	98 B/M	156 mg/dL
5	Manya krishnamoorthy (N-70) (H-166)	71yr	M	X	142/80 mmHg	Burkudi	95%	61 B/M	110 mg/dL
6	Kanamma (N-51) (H-147)	60yr	F	X	142/90 mmHg	Burkudi	99%	80 B/M	149 mg/dL
7	parvati (N-65) (H-154)	70yr	F	X	145/95 mmHg	Burkudi	85%	73 B/M	116 mg/dL
8	Santaya (N-75) (H-162)	75yr	M	X	159/83 mmHg	Burkudi	92%	73 B/M	168 mg/dL
9	Jesi Sarojini (N-49) (H-146)	67yr	F	X	146/70 mmHg	Burkudi	98%	75 B/M	148 mg/dL
10	parvamma (N-33) (H-142)	85yr	F	X	169/95 mmHg	Burkudi	98%	91 B/M	140 mg/dL
11	Laxmi amma (N-33) (H-139)	80yr	F	X	137/83 mmHg	Burkudi	87%	69 B/M	127 mg/dL
12	A. Kandaamma (N-61) (H-157)	56yr	F	X	167/95 mmHg	Burkudi	97%	84 B/M	125 mg/dL
13	Narayana amma (N-63) (H-142)	58yr	F	X	143/100 mmHg	Burkudi	95%	84 B/M	110 mg/dL
14	Sagivarna (N-41) (H-141)	82yr	F	X	136/76 mmHg	Burkudi	97%	87 B/M	139 mg/dL
15	Laxmi amma (N-53) (H-151)	70yr	F	X	129/78 mmHg	Burkudi	93%	81 B/M	182 mg/dL

SNo	Name	Age	Gender	Signature	Weight	Height	Blood pressure	Place	SpO <sub>2</sub>	Heart rate	Blood glucose
16	P. Malati	60yr	F	X	51kg	148cm	156/86 mmHg	Burkudi	98%	80 B/M	
17	H. amma	76yr	F	X	48	150	105/71 mmHg	Burkudi	98%	87 B/M	
18	Bandabati Dal	40yr	F	X	57	159	144/99 mmHg	Burkudi	99%	90 B/M	
19	Krishna amma	70yr	F	X	35	149	126/80 mmHg	Burkudi	98%	73 B/M	100 mg/dL
20	Umaavati	40yr	F	X	54	161	107/106 mmHg	Burkudi	97%	80 B/M	97 mg/dL
21	Narasamma	70yr	F	X	42	149	126/72 mmHg	Burkudi	99%	74 B/M	221 mg/dL
22	Kamala amma	80yr	F	X			135/81 mmHg	Burkudi	93%	88 B/M	247 mg/dL
23	Jamadakunamma	61yr	F	X			141/92 mmHg	Burkudi	96%	65 B/M	110 mg/dL
24	T. Bhaskar Rao	70yr	M	X			141/90 mmHg	Burkudi	97%	77 B/M	121 mg/dL

*S.N. Sandhya*

Prof. S.N. Sandhya

Vice Principal, School of Nursing

M.Sc. Nursing (Obstetrics and Gynaecology) (Ph.D.) Candidate Centurion University of Technology and Management (CUTM) Paralakhemundi Campus

Principal  
School of Nursing, Paralakhemundi  
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